

# The Wisdom Finishing School Programme

SEASON 5

## **SRIMAD BHAGAVAD GITA**

Module 1

July 2024

# SRIMAD BHAGAVAD GITA



## INTRODUCTION



# SRIMAD BHAGAVAD GITA

Bhagavad Gita means “Song of the Lord”.

The Srimad Bhagavad Gita took place on the battlefield of the Mahabharata war, which was fought between the Pandavas and the Kauravas.



# SRIMAD BHAGAVAD GITA



The Srimad Bhagavad Gita is in the form of a dialogue between Lord Krishna and Prince Arjuna who was a Pandava. Lord Krishna was Arjuna's charioteer in the war.

The Srimad Bhagavad Gita consists of 18 chapters and 700 verses. It is believed to have been written between 400 BCE and 200 CE by Maharishi Veda Vyasa.



# SRIMAD BHAGAVAD GITA

The Bhagavad Gita calls for Right Action (Karma) without expectation of the result (Phal). It exhorts us to lead a life of honesty, kindness, integrity, discipline, and above all, devotion to duty.

Just as Lord Krishna urges Arjuna to cast aside self-doubt and trust the higher Self or the inner voice, we too can use the wisdom of Srimad Bhagavad Gita to overcome difficulties and obstacles, both physical and mental, choose the right path and take decisions with confidence and honesty.



Let's take this forward...



Thank You

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